



SHANDON TIMES

Neighborhood News

SHANDONNEIGHBORHOOD.COM

SHANDON NEIGHBORHOOD COUNCIL

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Shandon Times

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Letter from SNC President Ron Burns



Fall is an exciting time in downtown Shandon. The weather is cooling and there are often new faces appearing on our streets and sidewalks. The new school year brings both families and students to our neighborhood. They contribute optimism, energy and enthusiasm which can be infectious.

Whether student or newly transplanted family, we welcome you to the neighborhood! Sidewalks are nearly everywhere in Shandon, and it looks to me as though almost everyone walks somewhere for fun or exercise. Lots of bicyclists out, too. Remember when driving the neighborhood that there are many two-way and four-way stop signs, often in unexpected places. (Most are now marked as to whether or not cross-traffic will be stopping, too.) Although I know it feels like an inconvenience to stop at every one of them on your journey, we ask that you do that. The stops have been placed by the city to prevent collisions (many have occurred) and as an aid to slow traffic on streets frequented by walkers, bicyclists and school children. Also, if you see a problem with speeders or failure to stop, please let us know; the city police will specifically place patrols in any problem area.

If you have a dog you should be aware of the city leash law. It requires that you have your animal "under control" (leashed) at all times whether it is on your property or on the sidewalk or street. The assumption that "Rover wouldn't

leave my side and run over there" is almost always incorrect. It can result in injured dogs (they ignore cars too) or a fine due to an attack. So use a leash; you will notice a great many of us out there with our dogs. We also have a nice free run dog park area at Emily Douglas Park at the corner of Wheat and King that is very popular with pet owners. Oh, and last thing, please be courteous and remove any "leavings" dropped during the walk.

In my opinion there is no better place to live in SC, so welcome home and come say, Hi!

News flash from the September Shandon Council meeting! An informal survey taken at our National Night Out ice cream social indicated strong interest in adding a tennis court at Sims Park. Support was also voiced for installation of a youth height basketball goal. Over the next several weeks Shandon Neighborhood Council will be exploring with the City the feasibility of these two projects as well as their possible funding sources. Another interesting opportunity discussed was joining with the Historic Columbia Foundation to improve the portion of the Palmetto Trail that traverses our neighborhood. Yes, that's right! The Palmetto Trail goes right through Shandon along Wheat Street! We are proposing to add historic site stations which would provide cell phone users, using QR codes or their browsers, recorded tours detailing our neighborhood's social, political and architectural history. This is a great opportunity to show off the wonderful space we are fortunate enough to call home.

Happy exploring!

Ron Burns



During this upcoming holiday season, please shop locally! For every \$100 spent in locally owned independent stores, \$68 returns to the community through taxes, payroll, marketing and other expenditures! Spend it in another city or online and nothing comes home. If each employed person in the Columbia area spent \$100 each month in a retail business, it would generate more than \$32 million in revenue!

MOVIE NIGHT In the Park Last Movie Night for 2014

October 17 - Hocus Pocus

Gates open at 7:30 and the movie begins at 8:00. Please bring a can or two for Harvest Hope Food Bank! Popcorn and water will be provided by our sponsor, Mary Lane Sloan with The Art of Real Estate! Big thanks for bringing movie nights to Shandon for the past several years!

36th Annual Veterans Day Parade

will be held on Tuesday, November 11th on Sumter Street beginning at 11 a.m.



SHANDON NEIGHBORHOOD Yard OF THE Month

Congratulations to Yard of the Month Winners!

JULY - 3317 Wilmot Ave. and 519 Ott St.

AUGUST - 2827 Wilmot Ave.

SEPTEMBER - 103 King Street

Shandon TURKEY TROT

33RD ANNUAL

The 33rd Annual Shandon Turkey Trot will be Saturday, November 22nd, at 8:00a.m. at Hand Middle School, located on the corner of Woodrow and Duncan Streets. Turkey Trot participants may either take part in an 8K road race or a 4K fun run/walk. This very special Shandon tradition needs your support, whether as a runner, walker, or volunteer. Register online at www.strictlyrunning.com. To volunteer, sponsor or for more information, please contact Ashley Gwin at ashleygwin@gmail.com or 528-7612.



Last year we started a tradition of putting a small lighted turkey in the windows of our Shandon homes in November. They were a big hit! We will be selling them again this year. Price is \$20 and they are very festive! We will be taking orders until October 20th. Email Julie Ruff at jluff@sc.rr.com asap to purchase! If you didn't get one or two last year, you missed out! Let us hear from you!

2ND ANNUAL Shandon Hollywood-Rose Hill TREE LIGHTING

The 2nd annual Shandon/Hollywood-Rose Hill Christmas tree lighting will be held on Thursday, December 4th, at 6 pm, in the triangle at the corner of Harden and Heyward Streets. The two neighborhoods teamed up last year to start this tradition and it was a big hit! Music will be provided and cookies and hot chocolate as well! Please come out and join us for this fun event!



Homes for the Holidays Tour * 2014

The annual Shandon/Hollywood-Rose Hill Homes for the Holidays Tour is scheduled for Sunday, December 7th! We will have some great homes to tour and enjoy, as well as the New Testament Baptist Church on Sims Avenue. The tour hours are 2 pm – 6pm, and some homes will have a taste of local restaurants to try! The church will have live music all day and a Christmas carol sing-along from 5 – 6 pm. Bring your purchased tickets to Dreher High School to get your

tour booklets, which will allow you to enter the homes on the Tour. Also, NightCaps Bar on Devine will be selling a special Holiday Tour drink, and Henry's on Devine will have a special food item. We have seven great homes for you to tour this year and the church on Sims.

❄️	Caroline and Andrew Clarkson 2330 Wilmot Avenue	Sally Somerall 111 Shandon Street	Marilyn Edelhoach and John Dawson 102 Southwood Drive
❄️	Chappell and Marty Wilson 3315 Wilmot Avenue	Pete and Alisa Liggett 319 King Street	New Testament Baptist Church 300 Sims Avenue
❄️	Grace and Dick Rockafellow 1734 Heyward	Robin Dial 500 Edgerton Court	

We are very excited to have local artist, Steven Whetstone, as our featured artist for the Tour this year! Many people know Steven's work and he is also a Shandon resident! Some of his paintings will be on display in the homes – you will want to see them! We also thank him for doing all new artwork for our logo, flyers and tickets along with the tour booklet cover!

Proceeds benefit our four local area schools: Dreher High, Hand Middle, Rosewood Elementary and A.C. Moore Elementary; as well as Shandon and Hollywood-Rose Hill neighborhood projects. Ticket outlets will be posted soon on the Shandon website, www.shandonneighborhood.com and also October 1st – December 6th they will be available to purchase on-line through the neighborhood website as well for \$15. The day of the Tour they can be purchased at Dreher High School for \$20.

If anyone is interested in advertising in the Tour booklet, please contact Julie Ruff at jluff@sc.rr.com or 256-9639 no later than October 20th. Advertising rates are \$165 for a full page and \$105 for a half page. If you are interested in being a docent at one of the tour homes please contact Heather Oana at hoana@bellsouth.net. For more information contact Julie Ruff, Mary Greene or Caroline Clarkson (e-mails on front of newsletter).

If you would like to donate to the Tour, but not as an advertiser, you can be a "Friend of the Neighborhoods and Schools" by donating \$50. Your name(s) will be listed on a page in the Tour booklet. This helps us give more money to the schools! Contact Julie Ruff at jluff@sc.rr.com to donate.

Dear Shandon:
It is an honor to be your voice on County Council. Please visit SethRose.com for updates or call me on my cell phone 803.361.2360 with any questions. I'd like to wish everyone a happy holiday season!

Most sincerely,
Seth Rose

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Best Wishes for a Happy and Safe Holiday Season

From Representative James E. Smith, Jr.

I am grateful for the opportunity to serve in the South Carolina House of Representatives. I will continue to work hard each day to merit your trust.

@RepJamesSmith ★ James@JamesSmith.com
www.JamesSmith.com



Interesting Facts About Christmas

- ☞ Japanese people traditionally eat at KFC for Christmas dinner, thanks to a successful marketing campaign 40 years ago. KFC is so popular that customers must place their Christmas orders two months in advance.
- ☞ We frequently abbreviate Christmas as X-mas because of ancient tradition. X is the Greek letter “chi” which is an abbreviation for the word “Christ” in Greek.
- ☞ An artificial Christmas tree would have to be reused for more than 20 years to be “greener” than buying a fresh-cut tree annually.
- ☞ The Nazi party tried to turn Christmas into a nonreligious holiday celebrating the coming of Hitler, with Saint Nicholas replaced by Odin the “Solstice Man” and swastikas on top of Christmas trees.
- ☞ The US playing card company ‘Bicycle’ had manufactured a playing card in WWII. That, when the card was soaked, it would reveal an escape route for POWs. These cards were Christmas presents for all POWs in Germany. The Nazis were none the wiser!
- ☞ The people of Oslo, Norway donate the Trafalgar Square Christmas tree every year in gratitude to the people of London for their assistance during WWII.
- ☞ During the Christmas of 2010, the Colombian government covered jungle trees with lights. When FARC guerrillas (terrorists) walked by, the trees lit up and banners asking them to lay down their arms became visible. 331 guerrillas re-entered society, and the campaign won an award for strategic marketing excellence.
- ☞ Nearly all of the most popular Christmas songs including “Winter Wonderland,” “Chestnuts roasting...,” and “I’m Dreaming of a white Christmas” were written by Jews.
- ☞ In 1867, a Boston industrialist heard Charles Dickens read *A Christmas Carol* and was so moved he closed his factory on Christmas Day and gave every one of his employees a turkey.
- ☞ Some zoos take donated Christmas trees and use them to feed their animals.
- ☞ Charles Dickens grew up during a “Little Ice Age” and hence it snowed for each of his first eight Christmases, influencing his writing and hence today’s tradition of a “White Christmas.”
- ☞ Mormon missionaries can only call home twice a year: once on Mother’s Day and again on Christmas.
- ☞ 95% of all Americans celebrate Christmas (only 75% of the U.S. is Christian), and just 51% of the holiday’s celebrators consider it a “strongly religious” holiday.
- ☞ Christmas is celebrated on the 25th of December because of the Roman sun god and not the birth of Jesus.
- ☞ Paul McCartney earns \$400,000 a year off his Christmas song, which is widely regarded as the worst song he ever recorded.
- ☞ All letters addressed to Santa in the United States go to Santa Claus, Indiana.

Get Cooking with charleston cooks!

maverick kitchen store

FETTUCCINE ALFREDO WITH ZUCCHINI PASTA & CAULIFLOWER SAUCE

- 3 small zucchinis
 - 1 cup cauliflower
 - 1 tablespoon miso paste
 - ¼ cup cashews
 - 2 cloves of garlic
 - ¼ cup parmesan cheese or nutritional yeast (vegan)
 - 1 tablespoon Carolina HoneyBee Co. wildflower honey or coconut nectar (vegan)
 - Salt, pepper, paprika and coriander, to taste
 - Water, as needed
 - Chopped cilantro for topping
1. To make the noodles: Slice the zucchinis on a mandolin or spiral slicer such as the Paderno slicer. Put in a large bowl and set aside.
 2. To make the sauce: blend all the other ingredients together until smooth and thick, using a food processor. Add a bit of water if the mixture needs moisture.
 3. Heat your sauce in a pan over low heat until it lightly simmers, about 7 minutes.
 4. Add the zucchini noodles to the warm sauce in the pan and cook together for about a minute, until warmed through.
 5. Top with parmesan cheese and chopped cilantro, and enjoy!

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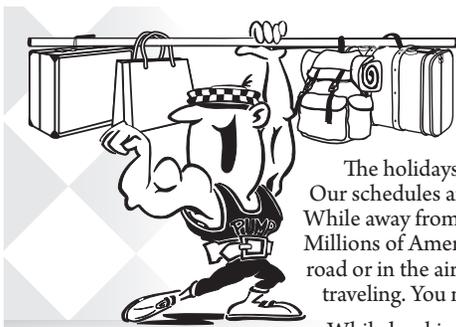
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2014–2015 Meetings of the Shandon Neighborhood Council: Meetings are held the second Monday of every other month and begin at 6:15 pm. **November 10, 2014** at Emily Douglas Park • **January 12** at Sims Park • **March 9** (Annual Meeting) at Wesley Memorial UMC • **May 11** at Emily Douglas Park • **July 13** at Sims Park • **September 14** at Emily Douglas Park
November 9, 2015 at Sims Park



S++ANDON S++APE - UP

KEEP ACTIVE WHILE TRAVELING THIS HOLIDAY SEASON

The holidays are among the busiest and most challenging times to be healthy. Our schedules are altered due to dinners, parties, children's programs and travel. While away from home, you and your family can still practice your healthy lifestyle. Millions of Americans will travel during year-end holidays. With so many of us on the road or in the air, let's take a look at what we can do to let ourselves exercise while traveling. You might even try something new and like it!

While booking your accommodations, check to see if there is a hotel gym or pool. Ask what equipment is available and the hours of operation. There also could be yoga or aerobic classes offered during your stay. Some hotels and resorts offer personal trainers on site. If you are staying where there is not a gym, ask the front desk for a local fitness facility. Many gyms will offer one day passes. You may also inquire about local parks and safe walking routes.

Depending on where you travel some tourist spots may double as a workout. You may want to try hiking, bicycling and skiing. A pedometer is a great addition to show how far you have walked during your journey through the great outdoors or while shopping. Think outside your normal scope and you may be surprised at the new activities that you enjoy.

When you are visiting family and friends at their home, open your mind to try their exercise routines. Or bring your own equipment with you. I have several pieces of workout gear that I have found easy to pack. First, make sure you have proper clothing and always pack comfortable shoes. Resistance bands are lightweight and fit easily into your suitcase. They provide you a great strength training or rehabilitation program. Jump ropes bring out the child in all of us. This is a fun tool that will let you and your children fit in a cardio workout. Light dumbbells add to a more intense walk or jog. A local park will provide you with an inexpensive option for a gym. Cross the monkey bars, take your basketball to the court, pushup on the picnic tables. Get creative and have a blast!

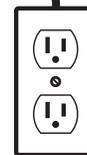
No matter what your travel schedule or where you end up over the holidays—there is no excuse not to move! Make time for you and your fitness. There are ways to make exercise fit into your busy schedule. Exercise will help you remain healthy during these busy weeks. Enjoy your loved ones and help them adopt a healthy lifestyle this season.

In good health,

Brooks Wheeler | www.best-self-fitness.com

Electronics Recycling

The City of Columbia offers a free electronics recycling drop off program at the City's Public Works facility. For information on this and other drop-off recycling opportunities, visit <http://www.columbiasc.net/solid-waste/drop-off-locations>.



New Neighborhood Officer:

MPO Kevin Schmidt
315-9143 (Cell) or
kmschmidt@columbiasc.net